



Farsley Springbank Primary School

PE Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	AfPE Body Management	AfPE Co-Operate and Solve Problems	iMoves Gymnastics	AfPE Speed, Agility, Travel	AfPE Manipulation and coordination	iMoves Dance
Year 1	AfPE Send and return 1 iMoves Gymnastics	AfPE Run, jump, throw 1 AfPE Hit, catch, run 1	iMoves Dance AfPE Attack, defend, shoot 1	AfPE Send and return 2 iMoves Dance	Enrichment Unit Commando Joe's AfPE Hit, catch, run 2	AfPE Attack, defend, shoot 2 AfPE Run, jump, throw 2
Year 2	iMoves Dance Unit 1 AfPE Send and return 1	AfPE Hit, catch, run 1 AfPE Run, jump, throw 1	AfPE Attack, defend, shoot 1 Enrichment Unit Commando Joe's	iMoves Gymnastics AfPE Send and return 2	AfPE Attack, defend, shoot 2 iMoves Dance Unit 2	AfPE Hit, catch, run 2 AfPE Run, jump, throw 2
Year 3	AfPE Netball AfPE Tag Rugby	Enrichment unit Commando Joe's AfPE Football	AfPE Handball iMoves Dance	AfPE Tennis iMoves Gymnastics	Skipping School Skipping AfPE Athletics	AfPE Rounders AfPE OAA
Year 4	AfPE Football AfPE Handball	AfPE Hockey iMoves Gymnastics	AfPE OAA iMoves Dance Unit 1	AfPE Tennis Enrichment Unit Commando Joe's	AfPE Athletics AfPE Cricket	iMoves Dance Unit 2 AfPE Rounders
Year 5	Swimming AfPE Football	Swimming AfPE OAA	Swimming iMoves Gymnastics	Swimming iMoves Dance	Swimming LRF Athletic	Swimming AfPE Rounders
Year 6	AfPE OAA AfPE Tennis	AfPE Handball iMoves Gymnastics Unit 1	AfPE Tag Rugby iMoves Gymnastics Unit 2	AfPE Cricket iMoves Dance Unit 1	AfPE Basketball iMoves Dance Unit 2	AfPE Athletics AfPE Rounders Enrichment unit Commando Joe's