Farsley Springbank Primary School
PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	**PE Pro** Fundamental movement skills	**iMoves** Dance	**iMoves** Gymnastics	**PE Pro** Multi-skills – running, jumping, sending and receiving	**PE Pro** Co-operation	**PE Pro** Target games
Year 1	**PE Pro** Fundamental movement skills **PE Pro** Multi-skills	**PE Pro** Co-operation **PE Pro** Functional fitness	**iMoves** Dance **PE Pro** Multi-sports term 1	**iMoves** Gymnastics **PE Pro** Multi-sports term 2	**PE Pro** Fundamental movement skills **PE Pro** Target games	**PE Pro** Striking and fielding **PE Pro** Athletics
Year 2	**PE Pro** Fundamental movement skills **PE Pro** Multi-sports term 1	**PE Pro** Co-operation **iMoves** Gymnastics	**iMoves** Dance **PE Pro** Multi-skills	**PE Pro** Target games **PE Pro** Functional fitness	**PE Pro** Fundamental movement skills **PE Pro** Striking and fielding	**PE Pro** Athletics **PE Pro** Multi-sports term 2
Year 3	**PE Pro** Fundamental movement skills **PE Pro** Multi-sports term 1	**iMoves** Dance **PE Pro** Multi-skills	**iMoves** Gymnastics **PE Pro** Functional fitness	**PE Pro** Invasion games **PE Pro** Dodgeball	**PE Pro** OAA **PE Pro** Multi-sports term 2	**PE Pro** Athletics **PE Pro** Striking and fielding
Year 4	**PE Pro** Fundamental movement skills **PE Pro** OAA	**iMoves** Gymnastics **PE Pro** Multi-sports term 1	**iMoves** Dance **PE Pro** Multi-sports term 2	**PE Pro** Functional fitness **PE Pro** Multi-skills	**PE Pro** Dodgeball **PE Pro** Invasion games	**PE Pro** Striking and fielding **PE Pro** Athletics
Year 5	**PE Pro** Fundamental movement skills **Swimming**	**iMoves** Dance **Swimming**	**iMoves** Gymnastics **Swimming**	**PE Pro** Multi-sports term 1 **Swimming**	**PE Pro** Handball **Swimming**	**PE Pro** Athletics **Swimming**
Year 6	**PE Pro** Fundamental movement skills **PE Pro** OAA	**iMoves** Gymnastics **PE Pro** Multi-sports term 1	**iMoves** Dance **PE Pro** Hockey	**PE Pro** Dodgeball **PE Pro** Badminton	**PE Pro** Invasion games **PE Pro** Cricket	**PE Pro** Tennis **PE Pro** Athletics